

Earthbound Expeditions

# Holy Mount Kailash Mansarovar Darshan Tour

12 days, from US$2,597 per person

| Duration | Group size | Country |
| --- | --- | --- |
| **12 days** | **35 people** | **Tibet** |

# Holy Mount Kailash Mansarovar Darshan Tour Overview

Meals, transport and equipment for the Kailash Mansarovar Yatra

Join the Holy Mt. Kailash Mansarovar Darshan Tour with Earthbound Expeditions from Nepal

This pilgrimage takes you to Mount Kailash and Lake Mansarovar, two sacred sites for followers of Hinduism, Buddhism, Jainism and the Bon religion. Earthbound Expeditions has been taking people to Kailash Mansarovar since 1999.

Earthbound Expeditions has designed this 15-day itinerary, which starts in Kathmandu with darshan at Pashupatinath and continues to Humla, Simikot, Limi and Lapcha to see Kailash Mansarovar, using a combination of trekking, flights and overland travel along an ancient pilgrimage route to Kailash Mansarovar. You can also travel entirely overland, or via Simikot, Humla (west Nepal), using a helicopter and fixed-wing aircraft.
Mount Kailash (6,638 m), known to Hindus as Kailash Parvat, is the most sacred mountain in Asia. Hindus believe that Kailash Parvat is the abode of Lord Shiva, which is why he is known as Kailashpati Mahadev. The peak is also sacred to Buddhists, Jains and followers of Bon.
Lake Mansarovar lies on the Tibetan plateau beside Mount Kailash and is connected to nearby Lake Rakshastal by the natural Ganga Chhu channel. Its colour changes through the day. Darshan of Kailash and Lake Mansarovar is believed to bring salvation (moksha) and to remove all the sins acquired during a lifetime.

## Meals, transport and equipment for the Kailash Mansarovar Yatra

You benefit from our knowledge and experience, as we have been taking people safely to Kailash Mansarovar for the last 20 years. We operate the tour ourselves and do not hand groups over to local agents. We aim to run and manage our tours to a high standard.

Our business is driven by passion rather than profit. We also support social causes: we built 153 classrooms after the earthquake, have built many schools and libraries, and run health camps for underprivileged communities. Please see our blog post Our Business Is More Passion-Driven Than Profit. By travelling with us, you support an organisation with a commitment to corporate social responsibility.

When is the best time to visit Kailash Mansarovar?

Kailash Mansarovar can generally be visited at any time from April to October each year.
From April, visibility is good and the views are clear.

Earthbound Expeditions is recommended by Lonely Planet, TripAdvisor, the New York Times, The Guardian and many other national and international newspapers and magazines. The leader and co-owner of the company, Mr.Rajan, has led the trip to Kailash Mansarovar over 18 times, and our support crew are well trained and professional, with many years of experience on Himalayan expeditions.

Join our Holy Mt. Kailash Mansarovar view tour 2023 from Lapcha, Nepal.

- https://www.youtube.com/watch?v=ny-NsLarXOo
- https://www.youtube.com/watch?v=q0a_UYbBv_o
- https://www.youtube.com/watch?v=4ZWwbTq0nZU&t=36s
- https://www.youtube.com/watch?v=AkfdSCHOJXk
- https://www.youtube.com/watch?v=FwJme3ITgOM
- https://www.youtube.com/watch?v=wXA295iB0GE

Some departure dates bring you to the Kailash Mansarovar area on a full moon day. Please contact us for details of the itinerary, prices and group departures.
Sadhguru of the Isha Foundation, India, organised the first Kailash darshan tour group to Limi and Lapcha, Nepal, in 2021, and it was covered in many newspapers. Here is the link if you wish to read more.

Note: for Indian passport holders, the cost is INR 187000 per person.
The cost is based on a minimum group of 10 people; for smaller groups the cost is higher.

## Itinerary

**Day 1**

### Arrive in Kathmandu

We meet you at the airport and take you to your hotel, followed by a briefing and preparation for the Kailash Mansarovar Yatra.

Altitude: 1,400 m  On foot: None, arrival day  Night: Hotel, Kathmandu  Meals: Dinner

**Day 2**

### Kathmandu sightseeing

A full day of sightseeing in the Kathmandu Valley, including the Hindu temple complex of Pashupatinath, dedicated to Shiva (a UNESCO World Heritage Site), the largest Buddhist stupa at Boudhanath, and the city of Patan.

Altitude: 1,400 m  On foot: Easy walking, 2–3 hrs  Night: Hotel, Kathmandu  Meals: Breakfast, Lunch, Dinner

**Day 3**

### Fly from Kathmandu to Nepalgunj

Today you fly to Nepalgunj, the gateway to west Nepal, and transfer to the hotel for the night.

Altitude: 150 m  On foot: None, flight day  Night: Hotel, Nepalgunj  Meals: Breakfast, Lunch, Dinner

**Day 4**

### Fly to Simikot, Humla

Take an early morning flight of about 55 minutes to Simikot, with views of Mt. Saipal, the second highest mountain in far west Nepal. You stay at a hotel close to Simikot airport. Today you walk around Simikot up to Lagna for acclimatisation and visit the local market. Overnight at the hotel.

Altitude: 2,950 m  On foot: Easy walking, 2–3 hrs  Night: Hotel, Simikot  Meals: Breakfast, Lunch, Dinner

**Day 5**

### Drive to Tsongsa (4200 m, 6 hours)

After breakfast, drive for about 6 hours to Tsongsa (4200 m), the base camp for the Nyalu La (5000 m). Tsongsa is in a high alpine landscape close to the border. You stay in a tented camp, and our crew serves camping meals.

Altitude: 4,200 m  On foot: None, 6 hr drive  Night: Tented camp, Tsongsa  Meals: Breakfast, Lunch, Dinner

**Day 6**

### Drive to Tupling or Jakpling (4300 m, 5 hours)

The day starts with a cup of tea. After breakfast, we drive for about 5 hours over the Nyalu La (5000 m) and across the Talung valley, which has the best valley views of the trip, passing two lakes, Seliman Lake and Talung Lake. Accommodation is in a tented camp at Tupling or Jakpling (4300 m).

Altitude: 4,300 m  On foot: None, 5 hr drive  Night: Tented camp, Tupling  Meals: Breakfast, Lunch, Dinner

Day 7

### Drive to Lapcha La for darshan of Mt. Kailash and Lake Mansarovar

We start a little earlier today and drive for about 2 hours to Lapcha Syar, with views from 5000 m. From the Lapcha La campsite you have darshan of the south face of Mt. Kailash and of Lake Mansarovar. There is no water source near the campsite, so we carry our drinking water in the jeep.

Altitude: 5,000 m  On foot: None, 2 hr drive  Night: Tented camp, Lapcha La  Meals: Breakfast, Lunch, Dinner

Day 8

### Reserve day or rest day for puja and havan

This day is kept in reserve for weather and other circumstances. We spend it in worship (bhajan and kirtan), rest and acclimatisation, and have darshan of Lake Mansarovar and the south face of Mt. Kailash. You also have time to relax and explore the area.

Altitude: 5,000 m  On foot: Optional 2–3 hrs  Night: Tented camp, Lapcha La  Meals: Breakfast, Lunch, Dinner

Day 9

### Drive back to Tsongsa (4200 m, 6 hours)

Today is your final darshan, with the chance of a sunrise view of Mt. Kailash and Lake Mansarovar. After worship, we drive back to Tsongsa (4200 m), about 6 hours, where you can rest and explore the area.

Altitude: 4,200 m  On foot: None, 6 hr drive  Night: Tented camp, Tsongsa  Meals: Breakfast, Lunch, Dinner

Day 10

### Drive back to Simikot (6 hours)

Drive back to Simikot (2950 m), about 6 hours. After a late breakfast, an easy drive back to Simikot, where we stay overnight.

Altitude: 2,950 m  On foot: None, 6 hr drive  Night: Hotel, Simikot  Meals: Breakfast, Lunch, Dinner

Day 11

### Fly to Nepalgunj and on to Kathmandu

Fly back to Nepalgunj and continue by flight to Kathmandu. Overnight at the hotel.

Altitude: 1,400 m  On foot: None, flight day  Night: Hotel, Kathmandu  Meals: Breakfast, Lunch, Dinner

Day 12

### Departure

After breakfast, we transfer you to the airport for your flight home.

Altitude: 1,400 m  On foot: None, departure day  Night: No overnight  Meals: Breakfast

## What's included

- Hotel accommodation in Kathmandu in 3-star or 4-star hotels, with vegetarian meals.
- • Accommodation with meals in Nepalgunj.
- • Hotel accommodation with meals in Simikot.
- • All transport as per the itinerary.
- • Airport pick-up and drop-off.
- • Flights from Kathmandu to Nepalgunj and Simikot, and back.
- • Jeep from Simikot to Lapcha and back.
- • Humla region restricted area permit and royalties.
- • All government taxes, service charges, entry fees, etc.

- Duffel bag, beanie and snood, free of charge.
- Down jacket and sleeping bag, to be returned after the trip.
- First aid medical kit.
- Oxygen bottle and PAC (portable altitude chamber).

## Not included

- International flights and travel insurance.
- Evacuation costs in the event of an emergency.
- Hire of a horse, pony or porter during the 3-day Kailash parikrama.
- Personal expenses.
- Extra hotel nights other than those in the itinerary.
- Rescue or evacuation, and all extra costs arising from separation from the main group or a serious health condition.
- Any additional costs due to natural disasters, flight cancellations or delays, and unforeseen circumstances.
- Any other expenses not mentioned above.

Photos, videos and reviews of this trip:
earthbound.rajansimkhada.com/kailash-mansarovar-darshan-tour-from-lapcha-nepal