

Earthbound Expeditions

Sri Lanka Tour

7 days, from US$987 per person

Duration	Group size	Country
7 days	**15 people**	**Sri Lanka**

Sri Lanka Tour Overview

Sri Lanka is an island off the south-east coast of the Indian state of Tamil Nadu. It is separated from India by the Palk Strait, across which runs the chain of shoals called Adam's Bridge.

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Ancient Buddhist sites in Sri Lanka include Anuradhapura, Polonnaruwa, Sigiriya, Dambulla, Panduwasnuwara and Yapahuwa. These places contain the remains of a civilisation that developed over centuries under the influence of Buddhism, which is still preserved in Sri Lanka in its original form.

Traditional Sri Lankan food is spicy, so we advise you to try curries with caution. A wide range of vegetables, fruit, meat and seafood is available. Continental, Chinese, Indian and Japanese food is available in Colombo and other tourist areas. The local speciality is a basic curry made with coconut milk, sliced onion, green chillies, spices such as cloves, nutmeg, cinnamon and saffron, and aromatic leaves.

Sri Lanka is one of the most scenic countries in the world. It is known for its tropical jungles, tea gardens, elephant orphanage, beaches and full calendar of festivals.

Itinerary

Day 1

Arrive in Colombo and drive to Habarana

• Arrive at Bandaranaike International Airport, Katunayake, Sri Lanka. • Earthbound Expeditions airport staff meet you on arrival and transfer you to Habarana (192 kilometres, approximately 4 hours). Overnight at a hotel in Habarana.

Altitude: 170 m On foot: None, arrival day Night: Hotel, Habarana Meals: Dinner

Day 2

Sigiriya and Polonnaruwa

• Drive to Sigiriya (25 kilometres, approximately ½ hour). • Climb the Rock Fortress (a UNESCO World Heritage Site). • Drive to Polonnaruwa (67 kilometres, approximately 1½ hours), also a UNESCO World Heritage Site. • Overnight at a hotel in Habarana.

Altitude: 170 m On foot: 3–4 hrs Night: Hotel, Habarana Meals: Breakfast, Dinner

Day 3

Sigiriya and Polonnaruwa

• Drive to Sigiriya (25 kilometres, approximately ½ hour). • Climb the Rock Fortress (a UNESCO World Heritage Site). • Drive to Polonnaruwa (67 kilometres, approximately 1½ hours), also a UNESCO World Heritage Site. • Overnight at a hotel in Habarana.

Altitude: 170 m On foot: 3–4 hrs Night: Hotel, Habarana Meals: Breakfast, Dinner

Day 4

Drive from Habarana to Trincomalee

• Drive to Trincomalee. Overnight at a hotel in Trincomalee.

Altitude: 10 m On foot: None, 2–3 hr drive Night: Hotel, Trincomalee Meals: Breakfast, Dinner

Day 5

Dambulla and drive to Kandy

• Drive to Dambulla (106 kilometres, approximately 2½ hours). • Visit the Golden Rock Cave Temple, a UNESCO World Heritage Site. • Drive to Kandy (72 kilometres, approximately 3 hours). • On the way, visit a spice garden in Matale. • Overnight at a hotel in Kandy.

Altitude: 500 m On foot: None, 5–6 hr drive Night: Hotel, Kandy Meals: Breakfast, Dinner

Day 6

Pinnawala and drive to Colombo

• Drive to Pinnawala (50 kilometres, 2 hours) and visit the Elephant Orphanage. • Drive to Colombo (88 kilometres, 2 hours). • In the afternoon, sightseeing tour of Colombo. • Overnight at a hotel in Colombo.

Altitude: 5 m On foot: Easy walking, 1–2 hrs Night: Hotel, Colombo Meals: Breakfast, Dinner

Day 7

Departure

Departure

Altitude: 5 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- Meeting and assistance on arrival and departure.
- Accommodation on a half-board basis at the listed hotels or hotels of a similar standard.
- Transport:
- 1 to 2 people: air-conditioned car with an English-speaking driver.
- 7 to 10 people: air-conditioned mini coach with an English-speaking local guide.
- 11 to 15 people: air-conditioned medium coach with an English-speaking local guide.
- 16 to 20 people: air-conditioned coach with an English-speaking local guide.
- Entrance fees at all sites listed in the itinerary.
- Porter charges at the airport and at all hotels.
- Jeep hire in Yala National Park.

Not included

- Lunches.
- Alcoholic and non-alcoholic drinks at all hotels. Gratuities.
- Personal expenses such as laundry, telephone calls and tips.
- Christmas and New Year supplements at hotels.

Photos, videos and reviews of this trip: earthbound.rajansimkhada.com/sri-lanka-tour-7-days