



Earthbound Expeditions

Holy Kailash Mansarovar Yatra via Lhasa

12 days, from US\$2,987 per person

Duration

12 days

Group size

30 People

Country

Tibet

Kailash Mansarovar Yatra via Lhasa :

Day by day

Day 1

Arrival at Lhasa, Tibet from Chengdu / Beijing / Shanghai / Guangzhou or any other town

Fly to Lhasa the capital of Tibet, 'Lhasa', the Holy city from Chengdu / Beijing / Shanghai / Guangzhou or any other town in China. (We recommend you spend a night in any of above city). We will arrange the permit for you to enter Tibet and in respected hotel in those town where you will stay overnight. Upon arrival at the airport, our representative will take you to your hotel and rest.

Altitude: 3,656 m On foot: None, arrival day Night: Hotel, Lhasa Meals: Dinner

Day 2

Lhasa Sightseeing tour

Lhasa has so many tourist sites that a single day is not sufficient to visit each one. The famous landmark of Tibet is the mighty Potala Palace which was built in 637 AD, and it contains over 1000 rooms and 10,000 shrines. Visit the immaculate Norbulingka or Summer Palace which is often referred to as the 'Park of Treasure' and was abode to the Dalai Lama. Depending on the time we will take you to different monasteries around Lhasa. Some of which are the Sera and Derphung monasteries. After touring, we will head towards the bustling bazaar of Barkhor which provides ample opportunity to shop for souvenirs. After a delightful breakfast, drive towards Shigatse. Shigatse is the second largest city in Tibet, and its main attraction is the Tashilhunpo Monastery. This city beams with life, and it sprawls with life. Wander at the Potala-duplicate Shigatse Dzong, perched high on top of the hilltop and the glorious view from the top is something that will ignite your imagination. Navigate inside the Tashilhunpo, which was the seat of the Panchen Lama.

Altitude: 3,656 m On foot: Easy walking, 2-3 hrs Night: Hotel, Lhasa Meals: Breakfast, Lunch, Dinner

Day 3

Drive to Shigatse (3900 m)

Drive to Shigatse (3900 m), the second largest city in Tibet and evening visit Tashilampo monastery, home of Panchan Lama. Overnight in hotel.

Altitude: 3,900 m On foot: None, 6-7 hr drive Night: Hotel, Shigatse Meals: Breakfast, Lunch, Dinner

Day 4

Shigatse to Saga

We take an early morning drive to Saga, and the distance from Shigatse to Saga is about 450 km. The journey will be a bit long, but we will make numerous stops on the road, to prevent any discomfort.

Altitude: 4,640 m On foot: None, 8-9 hr drive Night: Hotel, Saga Meals: Breakfast, Lunch, Dinner

Day 5

Saga to Dongba to Prayang to Mansarovar

The morning commences by departing from Saga to Lake Mansarovar. The distance is 470 km. The condition of the road is beautiful, and the trip can be completed in 9 to 10 hours. The route to Mayum La Pass is filled with several river crossings, and the scenery from that place is stunning with a panoramic view of the Himalayas. Today, you will get a first glimpse of the Holy Lake Mansarovar, along with the view of Mt. Kailash from the Horr Chu pass. We'll stay overnight at Chiu Gompa, which is a beautiful place.

Altitude: 4,590 m On foot: None, 9-10 hr drive Night: Guesthouse, Chiu Gompa Meals: Breakfast, Lunch, Dinner

Day 6

Rest day in Mansarovar, Puja/Havan

The experience of being in the abode of God, while we spend a day in Mansarovar Lake it will help us to acclimatize, we can take a bath and preform some Puja/Havan etc. Pack and prepare for 3 days Kailash Khora (PARIKRAMA)

Altitude: 4,590 m On foot: Optional 2–3 hrs Night: Guesthouse, Chiu Gompa Meals: Breakfast, Lunch, Dinner

Day 7

Mansarovar drive to Darchen / Tharboche, trek to Diraphuk

Our morning starts by doing a morning puja and havan. After a delightful breakfast, we drive towards Darchen. The road to Diraphuk is lively and comprises of impressive sceneries. We start our first day of the Parikrama drive to Tarboche and then trek to the northern face of Kailash (DiraphukGompa). We travel west in a clockwise direction, and after a few kilometers, the trail climbs up to a cairn at 4730 meters, and from there one can get an astounding view of the southern face of Mount Kailash. The yaks will carry the camping equipment. Start the Kailash parikrama which is about 18 km.

Altitude: 4,900 m On foot: 6–7 hrs Night: Guesthouse, Dirapuk Meals: Breakfast, Lunch, Dinner

Day 8

Diraphuk to ZuthulphukGompa

Today is the second day of Kailash Parikrama, which is sensitive, and you can hear talks about people saying that it is a challenging journey. The Parikrama continues, and we trek up to Dolma-La Pass, which is 5600 meters above the sea level. At Dolma La, we do our morning prayers. The weather is pretty unpredictable in Dolma-La Pass, so be prepared for anything. On the route, we can have darshan of GauriKunda, where Hindus worship and immerse themselves in the pristine waters of the lake. The lunch will be as usual, and we will camp in front of the medicine Buddha Mountain nearby ZuthuphukGompa. If you have a problem of walking, then there is the option for Horse or Yak ride at extra cost. NOTE: For those who are going for Inner Kora, they will be heading to Darchen Overnight in Camp/Tents.

Altitude: 4,790 m On foot: 22 km, 8–10 hrs Night: Tented camp, Zuthulphuk Meals: Breakfast, Lunch, Dinner

Day 9

Zuthulphuk to Darchen to Saga

Today is the 3rd day of the Parikrama. After breakfast, we will trek around ten km to complete the three days' circuit trek of Mt. Kailash. We will be reaching at the point, where our jeeps will be waiting to drive us to Darchen and to collect the rest of the passengers who could not do the Kailash Parikrama. After that, we drive to Saga.

Altitude: 4,640 m On foot: 10 km, 3–4 hrs Night: Hotel, Saga Meals: Breakfast, Lunch, Dinner

Day 10

Saga to Shigatse

After breakfast, we say goodbye to the Nepali staff, as they will head towards Nyalam/Kathmandu, and you will drive to Shigatse via Lhatse. On the way, if the weather is clear, you will be able to see Mt. Everest. This will be a long drive, so make sure you have enough snacks.

Altitude: 3,900 m On foot: None, 8–9 hr drive Night: Hotel, Shigatse Meals: Breakfast, Lunch, Dinner

Day 11

Shigatse to Lhasa

In the morning, visit the monastery and then drive towards Lhasa, and en route cross the beautiful high pass and the beautiful lake Yamdruksto.

Altitude: 3,656 m On foot: None, 6–7 hr drive Night: Hotel, Lhasa Meals: Breakfast, Lunch, Dinner

Day 12

Departure

Today you will depart from Lhasa. You have the option of going to mainland China or fly to Kathmandu.

Altitude: 3,656 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- Airport transfers in china and in Tibet.
- Twin sharing accommodation in 3 star hotels (Chengdu / Beijing / Shanghai / Guangzhou or any other town)
- Lodging in Tibet, Guest House/hotels
- Full boarding good vegetarian hot meals (breakfast, lunch, and dinner) prepared by our expert cook (South Indian, North Indian, Gujarati food, some mix of western food as well)
- Special Tibet Travel permits and entrance fees
- Transportation in Tibet by van/coach
- Supporting truck to carry the luggage and all camping gears
- All the staffs (guide, cook and other supporting staffs from Nepal)
- Camping equipment when needed
- Yaks and Yak men to carry our supplies during the Parikarma (for riding Horse/yak will cost extra)
- Oxygen Tank, Gambo bag (high altitude chamber – PAC)
- High altitude chamber is a kind of equipment that helps the person to relieve from high altitude sickness. By using this chamber, it is less likely that a person will not face death due to high altitude sickness.

Not included

- International Flight to Lhasa and return
- Personal Insurance & emergency rescue charges
- China Visa fee
- Extra porter & transport charges in the event of landslides / Emergency
- Personal clothing & accessories cost raised by any unforeseen things like a landslide, political disturbance, re-routing, cancellation etc.
- Single Supplement, Bar bills (soft drinks, mineral water, liquor etc)
- Personal Porter / Horse / Yak to ride during Parikarma
- Personal medical and evacuation insurance
- Laundry bills, other expenses of personal nature
- Tips are expected to the staff and any other expenses which are not mentioned above