



Earthbound Expeditions

Holy Mount Kailash Mansarovar Full Moon Tour

15 days, from US\$3,087 per person

Duration
15 days

Group size
25 People

Country
Tibet

Meals, Transport, and Equipment For Kailash Mansarovar Yatra :

Day by day

Day 1

Kathmandu Arrival

We come to pick you up at the Airport, Check in to Hotel briefing and preparation for Kailash Mansarovar Yatra tour.

Altitude: 1,400 m On foot: None, arrival day Night: Hotel, Kathmandu Meals: Dinner

Day 2

Sight-seeing of Kathmandu and drive to Nagarkot / Dhulikhel

Leave for full day sightseeing in Kathmandu valley includes The Hindu temple complex at Pashupatinath (a UNESCO world heritage site) & the biggest Buddhist Stupa at Boudhanath. Also visit Monkey Temple the Shyambhunath (2000 years old temple) and visit Patan city, later drive to Nagarkot (at 7200ft), a beautiful hill station from here we can see the magnificent Himalayan view in a clear day.

Altitude: 2,175 m On foot: Easy walking, 2–3 hrs Night: Hotel, Nagarkot Meals: Breakfast, Lunch, Dinner

Day 3

Nagarkot/Dhulikhel to Kathmandu

After sunrise and mountain view from Nagarkot, optional hike down to Benepa for 4 hours and drive back to Kathmandu via Bhaktapur (a historical town), overnight in Kathmandu, prepare for Tibet trip.

Altitude: 1,400 m On foot: Optional 4 hrs Night: Hotel, Kathmandu Meals: Breakfast, Lunch, Dinner

Day 4

Kathmandu fly to Lhasa

Arrive – Lhasa Welcome to Tibet, welcome to Holy land, city full of culture and history Upon arrival clear immigration and Customs, collect your luggage and follow sign for exit. Earthbound Expedition representative will be waiting outside holding a placard with 'Welcome Earthbound Expeditions'. The rest of the day is at your leisure to recover and prepare for the adventures awaiting you!

Altitude: 3,656 m On foot: None, flight day Night: Hotel, Lhasa Meals: Breakfast, Lunch, Dinner

Day 5

Full day sight seeing tour in Lhasa

We have Full day sight seeing tour in Lhasa for see sights and get acclimatize. In the mystical capital of Lhasa, there is ample time to explore the former home of the Dalai Lama, Potala Palace, Tibet\'s world famous resplendent landmark with over 1,000 rooms and 10,000 shrines. That has over 3500KG gold with its golden roof. There is also Jokhang, Tibet\'s holiest temple with its priceless statues and frescoes, and the Norbulinka, or Summer Place, from which the present Dalai Lama fled in 1959. Jokhang is the oldest temple that has the statue of 11 years old Buddha which was given to Tsongchang Gampo on the 7th century by the family of her Chinese queen. We will take you to Sera and Derphung monasteries around Lhasa. Shoppers mustn\'t miss the Barkhor, the bustling bazaar of old Lhasa, which is right on the pilgrim\'s circumambulating route around Jokhang. Laden with souvenirs and memories of Tibet. Both days we spent about 6 hours to see the sights, not long drives but there are some steps to climb and walk around to see monasteries, palaces, market etc.

Altitude: 3,656 m On foot: Easy walking, 2–3 hrs Night: Hotel, Lhasa Meals: Breakfast, Lunch, Dinner

Day 6

Lhasa – Shigatse

Drive to Shigatse has the famous Tashimpo Monastery and the seat of Panchen Lama, Overnight at Hotel. Visit to the Tashi Lhunpo Monastery and around. O / N sighthatse.

Altitude: 3,900 m On foot: None, 6–7 hr drive Night: Hotel, Shigatse Meals: Breakfast, Lunch, Dinner

Day 7

Sighthatse – Saga

This morning after an early breakfast, our long journey to Saga will include a packed lunch served by our team en route.

Altitude: 4,640 m On foot: None, 8–9 hr drive Night: Hotel, Saga Meals: Breakfast, Lunch, Dinner

Day 8

Saga to Manasarovar Lake

Again with an early morning start, we shall drive through Mayum – La pass (5100m) – the highest point of our road journey. The day's drive is very long with excellent roads. Enjoy the vast Tibetan Plateau, where the landscape changes from sandy dunes to rocky vistas, to savannah Today is a most auspicious for everyone, to get your first glimpse of Holy Mt. Kailash and sacred Lake Mansarovar is a dream turning into reality. For many it is a lifelong journey to arrive here where gods bestow and share blessing with their visual splendor. The feeling is so tangible and emotional that it is truly not a dream – it is real, you really are here at Lake Manasarovar Upon arrival at Lake Manasarovar we change our transport and tour Kailash Mansarovar region using Chinese Government Bus completing the Mansarovar Parikrama. (The Mansarovar Circuit consists of 110km approx. we will only complete half today). Half we will cover after Kailash Parikrama on the way back.

Altitude: 4,590 m On foot: None, 8–9 hr drive Night: Guesthouse, Lake Mansarovar Meals: Breakfast, Lunch, Dinner

Day 9

Manasarovar Lake – (Rest day, Puja, Havan)

We will worship/rest/acclimatization at Lake Mansarovar today. Experience being in the abode of God is a lifetime achievement: We will perform together our Puja, Havan-Worship, Meditation, Holy bath, Tarpan etc. Here we shall be able to relax and explore around the Lake Mansarovar.

Altitude: 4,590 m On foot: Optional 2–3 hrs Night: Guesthouse, Lake Mansarovar Meals: Breakfast, Lunch, Dinner

Day 10

Manasarovar – Darchen – Dehrapuk

Today we shall be driving to Darchen (45 km) from Lake Manasarovar where Yatris not completing the whole parikrama will be staying. For those Yatris who are not joining for the Parikrama they are able to complete a small Parikrama of about 100 mt. of Tarboche flag, which is also considered as a Parikrama of Holy Mount Kailash. We continue to Tarboche (13 km) where our prepaid horses will be waiting and then we commence our trek to Derapuk (12 km). We are sometimes allowed to drive (if we are lucky) by the Chinese government to the start point (2km) otherwise we may have to walk. Parikrama.Trek Day 1 Tarboche to Dirapuk time: 6 to 7 hours Trek Length 12Km, The trail has flat, little ups and little downs path until Diraphuk. Your incredible holy journey will be blessed with the Holy Mt. Kailash magnificent view of north face close up view of Kailash Maha Shiv Lingam.

Altitude: 4,900 m On foot: 12 km, 6–7 hrs Night: Guesthouse, Dirapuk Meals: Breakfast, Lunch, Dinner

Day 11

Kailash Charan Sapsra hike from North Face

Today we walk to touch the feet of Mt. Kailash (Charan Sparsh) – the trek is about 7 miles and about 6 hours round trip time: 9 to 10 hours, Trek length about 10 KM (round trip).

Altitude: 4,900 m On foot: 10 km, 6–9 hrs Night: Guesthouse, Dirapuk Meals: Breakfast, Lunch, Dinner

Day 12

Parikarma Trek Day 2 Dirapuk to Zhulthulphuk via Dolma la Pass

Early morning start at 5 am . We will trek 15 km from Diraphuk to Dolmala Pass (5650m / 18,532ft) to Zhutulpuk Valley (4760m / 15,613ft). This is our toughest and mentally challenging day of the Yatra. Dolmala Pass (18,532ft/5660m) is 6 km uphill Parikarma. Today, many Yatri conversation is of how difficult a journey they are encountering yet that short personal puja time at the Dolmala pass is life changing spiritually.. The weather can be unpredictable and in some cases snowstorm at Domala Pass are known to happen yet you are within touching distance for the Kailash parvat. After the ascent Dolmala Pass, your breathtaking decent you will greet you with a blue lake Gaurikund. (Regrettably only an experienced mountaineer can access this spot.) Your decent of 6km is slippery so please be cautious and be walk steadily. Please use your walking stick to reach to the valley floor. Your will be grateful for the flat gradual walk from this post to your Guesthouse (3Km)

Altitude: 4,760 m On foot: 15 km, 8–10 hrs Night: Guesthouse, Zuthulphuk Meals: Breakfast, Lunch, Dinner

Day 13

ZuthulPhuk – Darchen Parikrama Trek Day 3 – and drive to Saga

Trek from Zhutulpuk to the end of the Parikrama.. It is a very enjoyable walk with beautiful trail surrounding views with many caves; Mani Stones and migrating birds can be seen. The trail is called “Valley of Enlightenment” and perhaps to many yatris as they decent they are truly enlightene. Near Darchen where our Parikrama ends we will then drive to Chu Gompa once we pick up our bags and our fellow Yatries who stayed at Darchen to take dip bath in Manasarovar after the Parikrama Complited, then we will drive directly to Saga. We will day our blessings and have many stories to share.

Altitude: 4,640 m On foot: 12 km, 3–4 hrs Night: Hotel, Saga Meals: Breakfast, Lunch, Dinner

Day 14

Saga – Kerung – Syabrubensi and drive to Kathmandu

We start very early a bit long drive through a little small, winding road and bumps, but great views. Total about 10–12 hours.

Altitude: 1,400 m On foot: None, 10–12 hr drive Night: Hotel, Kathmandu Meals: Breakfast, Lunch, Dinner

Day 15

Kathmandu – Fly back to home

This morning after breakfast transfer to Tribhuvan International Airport Kathmandu, to board your flight for home . ** Your tour ends, leaving you with many astonishing memories of your incredible holy holiday.

** Namaste! Hari Om – Hurry home!

Altitude: 1,400 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- Arrival / Departure Transfers by AC Coach
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Not included

- International flight cost, Travel Insurance
- Evacuation Cost in the event of an emergency

- Twin Sharing Accommodation at 4 star Hotels with Full Board Meals
- (upgrade of the hotel possible at extra cost)
- Sightseeing Tours with monumental entrance fees
- Kathmandu Lhasa by flight and Timure / Kathmandu by Bus
- Luxury Bus on Tibet tour
- One Supporting Truck
- Best available accommodation at Kerung, Saga, Lake Manasarovar, Darchen, Dirapuk and Zhuthulpuk during Kailash Sojourn
- Full Board Vegetarian Meals set up by our experienced cook / staff
- Complimentary boiled water
- English Speaking Tibetan Guide
- One Team Leader & Experienced Supporting Staff
- All travel Permits
- Tibet / China Visa Fee
- Complimentary Duffel Bag, beanie, snood
- Down Jacket, Sleeping bag on returnable basis
- First - aid medical kit box
- Oxygen bottle and PAC
- One bottle of Holy water from Lake Mansarovar
- Cost of Hiring Horse / Pony / Porter during the 3 days Kailash Parikarma
- Expenses Of Personal Nature
- Any other expenses not mentioned above