



Earthbound Expeditions

India, Nepal and Tibet Overland Tour

18 days, from US\$4,467 per person

Duration

18 days

Group size

10 People

Country

Tibet

Cross country tour India, Nepal, and Tibet - THREE (3) COUNTRIES TOUR at one go!

Day by day

Day 1

Arrival Delhi – India

Arrive in Delhi – India. • Reception by Earthbound Expeditions representative. • Check into a hotel.

Altitude: 215 m On foot: None, arrival day Night: Hotel, Delhi Meals: None

Day 2

SPEND THE ENTIRE DAY, EXPLORING OLD DELHI AND NEW DELHI

1. Red Fort built by Emperor Shah Jahan. 2. Jama Masjid, the biggest mosque in India. 3. Raj Ghat – the memorial of Mahatma Gandhi. 4. Walk along Chandni Chowk which is the silver street of Delhi, bustling with activities. 5. India Gate – an arch of commemorative victory. 6. Presidential residence – Rashtrapati Bhavan. 7. Parliament – Sansad Bhavan. 8. Government buildings of the secretary. 9. Connaught place – commercial and managerial center.

Altitude: 215 m On foot: Easy walking, 2–3 hrs Night: Hotel, Delhi Meals: Breakfast

Day 3

DELHI – JAIPUR

Drive about (5) five hours to Jaipur, the pink city, very interesting and beautiful Visit Amber Fort (11kilometers) in the outskirts of the city. • JAIPUR – Jantar Mantar or astronomical observatory. Visit Hawa Mahal or Palace of Winds.

Altitude: 430 m On foot: None, 5 hr drive Night: Hotel, Jaipur Meals: Breakfast

Day 4

JAIPUR – AGRA

JAIPUR – AGRA – the Taj Mahal city

Altitude: 170 m On foot: None, 4–5 hr drive Night: Hotel, Agra Meals: Breakfast

Day 5

AGRA – exploring

Visit world famous Taj Mahal • Visit the Red Fort and other sightseeing spot

Altitude: 170 m On foot: Easy walking, 2–3 hrs Night: Hotel, Agra Meals: Breakfast

Day 6

AGRA–VARANASI

Breakfast. • Departure by plane / train to Varanasi (Benares – the holy Ganges). VARANASI: The Holy city of Vishwnatha, City of Shiva, City of Saints.

Altitude: 80 m On foot: None, flight day Night: Hotel, Varanasi Meals: Breakfast

Day 7

VARANASI – KATHAMNDU, NEPAL

Boats ride on the holy Ganges. • Fly to Kathmandu. • Reception and transfer to the hotel.

Altitude: 1,400 m On foot: None, flight day Night: Hotel, Kathmandu Meals: Breakfast

Day 8

EXPLORE KATHMANDU

Patan – Old Durbar Palace Square • Pashupatinath – River Bagmati • Immense stupa of Boudhanath • Swayambhunath the money Temple

Altitude: 1,400 m On foot: Easy walking, 2–3 hrs Night: Hotel, Kathmandu Meals: Breakfast

Day 9

EXPLORE Nepal's country side – historic town Bhaktapur and Nagarkot

We explore historical town of Bhaktapur and drive via countryside to Nagarkot, stay at 2100 and try to acclimatize and see sunset and sunrise view.

Altitude: 2,100 m On foot: Easy walking, 1–2 hrs Night: Hotel, Nagarkot Meals: Breakfast

Day 10

Nagarkot – Nala – Kathmandu

Today we hike to Nala for about 3 / 4 hours (optional) and back to Kathmandu and prepare for Tibet tour.

Altitude: 1,400 m On foot: Optional 3–4 hrs Night: Hotel, Kathmandu Meals: Breakfast

Day 11

KATHMANDU TO ZHANGMU / NAYLEM / Kerung (3700 METERS) – TIBET

• Drive to Kodari oir Kerung Complete immigration and custom formalities • Overnight at Hotel Zhangmu or Naylam or Kerung

Altitude: 2,800 m On foot: None, 7–8 hr drive Night: Hotel, Kerung Meals: Breakfast

Day 12

NAYLEM / ZHANGMU TO XEGAR (4350 METERS)

• Cross Lalung la passes (5050meters). This days drive offers fantastic view of the high mountains including Mount Everest.

Altitude: 4,350 m On foot: None, 7–8 hr drive Night: Guesthouse, Shegar Meals: Breakfast

Day 13

XEGAR TO SHIGATSE (3900 METERS)

Drive about (7) seven hours to Shigatse. Visit the famous Tashimpo Monastery and the seat of Panchen Lama.

Altitude: 3,900 m On foot: None, 7 hr drive Night: Hotel, Shigatse Meals: Breakfast

Day 14

XIGATSE – GYANTSE

• Visit Tashi Lhunpo Monastery. • Go for a short (2) two hours drive to Gyantse. It is a small town that once served as the capital of a small kingdom.

Altitude: 3,977 m On foot: None, 2 hr drive Night: Hotel, Gyantse Meals: Breakfast

Day 15

GYANTSE – LHASA (3600 METERS)

Drive through Karo La Pass and Kamba La Pass with a very good view of the Yamdrok Tso Lake. • Cross the mighty Brahmaputra River and arrive in Lhasa.

Altitude: 3,656 m On foot: None, 6–7 hr drive Night: Hotel, Lhasa Meals: Breakfast

Day 16

17 : LHASA (TWO FULL DAYS IN LHASA)

SIGHTSEEING AND EXCURSION 1. Potala palace. 2. Jokhang Temple. 3. Surroundings of Barkhor Market. 4. Drepung and Sera Monasteries.

Altitude: 3,656 m On foot: Easy walking, 2–3 hrs Night: Hotel, Lhasa Meals: Breakfast

Day 18

LHASA – Departure to KATHMANDU or Chengdu or Beijing a

Fly back to Kathmandu or you can travel to China like Chengdu, Beijing, Great wall or fly home from Lhasa onward. We will take airport to transfer you, fly on your own expenses

Altitude: 3,656 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- Accommodations in (3) three-star hotels in the cities but certain night simple guesthouse
- Ground transportations are provided as per the itinerary
- Sightseeing in Kathmandu where Earthbound Expeditions city tour guide will accompany you.
- Breakfast and Meals will be provided as per the itinerary
- Government trained guides in all sightseeing spots
- Farewell dinner along with one cultural show in Nepal
- Domestic Flight will be booked according to the Itinerary listed.
- Car / Bus / Domestic Flights included.

Not included

- International Flight tickets.
- Museums entrance fees.
- All personal expenses such as bar bills, beverage, snacks etc.
- Airport taxes, laundry charge etc.
- Personal clothing and gears.
- Tips to guides and porters.
- Cost raised by cancelations, landslides, weather, political unrest, illnesses, will not be our responsibility.