



Earthbound Expeditions

Holy Kailash Mansarovar Yatra / Tour via Kerung / Naylam

13 days, from US\$2,747 per person

Duration
13 days

Group size
20 People

Country
Tibet

Kailash Mansarovar overland yatra/tour from Kathmandu, Nepal

Day by day

Day 1

Arrival in Kathmandu (1300m)

Check in to the hotel and evening short briefing about Kailash Mansarovar tour.

Altitude: 1,400 m On foot: None, arrival day Night: Hotel, Kathmandu Meals: Dinner

Day 2

Kathmandu–Pashupatinath Temple Tour & Nagarkot.

After breakfast puja and rudra avishekam at Pashupatinath Temple, and Sleeping Vishnu and after temple tour drive to Nagarkot hill station for the view & acclimatization.

Altitude: 2,175 m On foot: Easy walking, 1–2 hrs Night: Hotel, Nagarkot Meals: Breakfast, Lunch, Dinner

Day 3

Sunrise and Mountain view from Nagarkot and drive to Kathmandu

Sunrise and Mountain view from Nagarkot and drive back to Kathmandu on the way visit Doleshwor Mahadev (Head of Kedarnath), Patan Durbar Square (Old Palace) & back to Kathmandu.

Altitude: 1,400 m On foot: Easy walking, 2–3 hrs Night: Hotel, Kathmandu Meals: Breakfast, Lunch, Dinner

Day 4

Kathmandu to Kerung / Naylam border

Very early in the morning we depart from Kathmandu to Nepal/China Border (Timure/Syabrubesi) by reserved tourist bus. We meet our Tibetan guide then we drive to Kerung by Chinese Vehicle.

Altitude: 2,800 m On foot: None, 8–9 hr drive Night: Hotel, Kerung Meals: Breakfast, Lunch, Dinner

Day 5

Kerung / Naylam–Free Day for Acclimatization.

We will do some day hikes to acclimatize.

Altitude: 2,800 m On foot: Optional 2–3 hrs Night: Hotel, Kerung Meals: Breakfast, Lunch, Dinner

Day 6

Kerung to Saga/ new Dongba (4500 m).

Drive in Tibet & enjoying the grand view of Mt. Shishapangma (8021m), Gauri shanker and other high mountains.

Altitude: 4,500 m On foot: None, 5–6 hr drive Night: Hotel, Saga Meals: Breakfast, Lunch, Dinner

Day 7

Drive to Lake Manasarovar stay at Chu Gumpa area.

The auspicious day for all travelers having first glimpse of the Holy Manasarovar and Darshan (view) of Mt. Kailash from The Hor Chu pass. We will make the Lake Parikrama by bus.

Altitude: 4,590 m On foot: None, 8–9 hr drive Night: Guesthouse, Chiu Gumpa Meals: Breakfast, Lunch, Dinner

Day 8

Full day in Lake Mansarovar. (Puja / Hawan)

The experience of being in the abode of God, while we spend 1/2 day in Lake Mansarovar it will help us to acclimatize, we can take a bath and make some Puja, Hawan etc. Pack and prepare for 3 days Khora (PARIKRAMA)

Altitude: 4,590 m On foot: Optional 2–3 hrs Night: Guesthouse, Chiu Gompa Meals: Breakfast, Lunch, Dinner

Day 9

Drive to Darchen & then to Tharboce start trek.

We drive to Darchen & then to Tharboce (Yama Dwar) and trek up to Diraphuk Gompa (north face of Kailash), and a close up view of Holy Mount Kailash.

Altitude: 4,900 m On foot: 12 km, 6–7 hrs Night: Guesthouse, Dirapuk Meals: Breakfast, Lunch, Dinner

Day 10

Trek to Zuthulphuk Gompa – 2nd day of Parikrama.

We trek up to Dolma La Pass (5600 m High), offer very short Prayers at the Dolma la and go down towards the Gaurikunda then continue trek to Zuthulphuk Gompa. For those people who can't walk there will be option for Horse or Yak ride at extra cost.

Altitude: 4,790 m On foot: 22 km, 8–10 hrs Night: Guesthouse, Zuthulphuk Meals: Breakfast, Lunch, Dinner

Day 11

Zuthulphuk trek end and drive saga.

Zuthulphuk trek to Darchen, our Kailash Parikarama ends today and same day we drive to Saga.

Altitude: 4,500 m On foot: 12 km, 3–4 hrs Night: Hotel, Saga Meals: Breakfast, Lunch, Dinner

Day 12

Drive to Kerung and drive to Kathmandu

Drive to Kerung / Naylam Nepal Tibet border and drive to Kathmandu, evening hotel in Kathmandu.

Altitude: 1,400 m On foot: None, 10–12 hr drive Night: Hotel, Kathmandu Meals: Breakfast, Lunch, Dinner

Day 13

Airport drive for final departure.

Today after breakfast you will leave for your home or you can extend trip to Muktinath or Pokhara or Chitwan National Park.

Altitude: 1,300 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- Arrival / Departure Transfers by AC Coach
- Twin Sharing Accommodation at 3 star Hotels with Full Board Meals (upgrade of the hotel possible at extra cost)
- Sightseeing Tours with monumental entrance fees
- Kathmandu / Timure / Kathmandu by Bus
- Luxury Bus on Tibet tour
- One Supporting Truck

Not included

- International flight cost, Travel Insurance
- Evacuation Cost in the event of emergency
- Cost of Hiring Horse / Pony / Porter during the 3 days Kailash Parikarma
- Expenses Of Personal Nature
- Any other expenses not mentioned above

- Best available accommodation at Kerung, Saga, Lake Manasarovar, Darchen, Dirapuk and Zhuthulpuk during Kailash Sojourn
- Full Board Vegetarian Meals set up by our experienced cook / staff
- Complimentary boiled water
- English Speaking Tibetan Guide
- One Team Leader & Experienced Supporting Staff
- All travel Permits
- Tibet / China Visa Fee
- Complimentary Duffel Bag, beanie, snood
- Down Jacket, Sleeping bag on returnable basis
- First - aid medical Kit box
- Oxygen bottle and PAC
- One bottle of Holy water from Lake Mansarovar