



Earthbound Expeditions

Kathmandu to Lhasa Overland Tour

12 days, from US\$2,587 per person

Duration

12 days

Group size

6 People

Country

Tibet

Kathmandu to Lhasa overland tour : A HIGH ROAD TO LHASA

Day by day

Day 1

Arrive in Kathmandu.

Arrival day (This must be morning of monday, wednesday or friday before 9:30 am), we come to receive you at the airport, check into Hotel rest day, and briefing of the program.

Altitude: 1,400 m On foot: None, arrival day Night: Hotel, Kathmandu Meals: None

Day 2

Sightseeing in Kathmandu – Nagarkot.

Sight-seeing of Kathmandu: Leave for full day sightseeing in Kathmandu valley includes The Hindu temple complex at Pashupatinath (a UNESCO world heritage site) & the biggest Buddhist Stupa at Boudhanath. Also visit Monkey Temple the Shyambhunath (2000 years old temple) and visit Patan city, later drive to Nagarkot (at 7200ft), a beautiful hill station from here we can see the magnificent Himalayan view in a clear day.

Altitude: 2,175 m On foot: Easy walking, 2–3 hrs Night: Hotel, Nagarkot Meals: Breakfast

Day 3

Nagarkot – Bhaktapur – Kathmandu

After sunrise and mountain view from Nagarkot hike down to Benepa for 4 hours and drive back to Kathmandu via Bhaktapur (a historical town), overnight in Kathmandu, B

Altitude: 1,400 m On foot: 4 hrs Night: Hotel, Kathmandu Meals: Breakfast

Day 4

Drive to Tibet border to start Tibet overland tour

Early morning drive to boarder (Kerung) complete immigration and custom formalities in both border Nepal and Tibet. This is a group join tour, there will be at least 7 or more people in the trip. Please remember the guest house in Tibet is quite simple, specially until Xegar

Altitude: 2,800 m On foot: None, 7–8 hr drive Night: Guesthouse, Kerung Meals: Breakfast

Day 5

On Tibet overland tour.

There are couples of attractions such as ruins of dzongs, on the way we can see beautiful mountains including mount Everest. We have to go through a high pass about 5200 (Nayalu -La), please drink at least 3 liter of water each day while you are in Tibet. The road is bit rough, the views are great. O / N in Xegar / Lhatse

Altitude: 4,350 m On foot: None, 7–8 hr drive Night: Guesthouse, Shegar Meals: Breakfast

Day 6

Xegar / Lhatse to –Xigatse

Xigatse city the house of the Famous Tashi Lhunpo Monastery with its golden roof, the seat of the Panchen Lama until his death in 1989. O / N in Shigatse

Altitude: 3,900 m On foot: None, 5–6 hr drive Night: Hotel, Shigatse Meals: Breakfast

Day 7

Xigatse-Gyantse

Morning sight seeing to the Tashilhumpu Monastery (seat of Panchen Lama), It has three big Temples with golden Pagoda. One of them have statue of forthcoming Buddha 13th wide and 26th ft. in height. An ample example of the Tibetan rich architectural and cultural heritage with hundreds of monks walking around chanting Om Mane Padme Hum for the world peace. Drive to Gyantse and visit to the Kumbum Stupa (the temple which have 3 style architecture, Nepali, Chinese and Tibetan) with 108 rooms decorating 108 different deities statue. The Gyntse Dzong have Ate British war museum decorated with many old weapons, statute with their great stories.

Altitude: 3,977 m On foot: Easy walking, 2–3 hrs Night: Hotel, Gyantse Meals: Breakfast

Day 8

Gyantse - Lhasa

A scenic drive through the Karo La Pass and Kamba La Pass with a very good view of the Yamdrok Tso Lake. Then you cross the mighty Brahmaputra River to arrive in Lhasa

Altitude: 3,656 m On foot: None, 6–7 hr drive Night: Hotel, Lhasa Meals: Breakfast

Day 9

Two full days sight seeing tour in Lhasa

In the mystical capital of Lhasa, there is ample time to explore the former home of the Dalai Lama, Potala Palace, Tibet\'s world famous resplendent landmark with over 1,000 rooms and 10,000 shrines. That has over 3500KG gold with its golden roof. There is also Jokhang, Tibet\'s holiest temple with its priceless statues and frescoes, and the Norbulinka, or Summer Place, from which the present Dalai Lama fled in 1959. Jokhag is the oldest temple that has the statue of 11 years old Buddha which was given to Tsongchang Gampo on the 7th century by the family of her Chinese queen. We will take you to Sera and Derphung monasteries around Lhasa. Shoppers mustn\'t miss the Barkhor, the bustling bazaar of old Lhasa, which is right on the pilgrim\'s circumambulating route around Jokhang. Laden with souvenirs and memories of Tibet

Altitude: 3,656 m On foot: Easy walking, 2–3 hrs Night: Hotel, Lhasa Meals: Breakfast

Day 10

Fly Back to Kathmadnu

You fly back to Kathmandu or free on your own or Optional sightseeing, free day, Evening Join Nepali cultural show and Dinner

Altitude: 1,400 m On foot: None, flight day Night: Hotel, Kathmandu Meals: Breakfast, Dinner

Day 11

Departure

Airport drive for flights to home

Altitude: 1,400 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- All airport pickups and drops, services in Kathmandu.
- 3 star hotel accommodation in Kathmandu. (Depending on the package you choose)

Not included

- Meals in Kathmandu and in Tibet (Lhasa, Gyantse, Xigatse or if you travel further)
- Bar bills (soda pop, beer, water etc) and other personal expenses.

- Kathmandu valley sightseeing with guides and entrance permits.
- Tibet Visa and travel permit.
- Hotel in Tibet from day 04 - 11 on twin share basis simple hotels.
- All entrance fees in Tibet along with sightseeing.
- Transportation by Bus / Van or Jeep
- Nepal re-entry visa [For NRIs, European and Americans]
- Emergency rescue charges if necessary.
- Tips and gratitude's to staffs.
- Photography charges, where applicable in Tibet.