



Earthbound Expeditions

Markha Valley Trek

16 days, from US\$1,085 per person

Duration

16 days

Group size

14 People

Country

India

Markha Valley Trek is One of the most popular treks in Ladakh area of north India. Markha valley is a perfect combination of beautiful trans-himalayan landscape with ladakhi villages. Ladakh is also known as lost Tibetan kingdom, it is...

Day by day

Day 1

Arrive Delhi and fly to Srinagar

Arrive Delhi. Fly to Srinagar (1585 mt). Transfer to hotel in Srinagar Hotel Heevan Resort/Reegal Palace . Afternoon visit old Srinagar, We will take you for a Shikara ride

Altitude: 1,585 m On foot: None, arrival day Night: Hotel, Srinagar Meals: Dinner

Day 2

Day excursion to Gulmarg

Day excursion to Gulmarg, it is a town for a popular skiing destination in India. It was a best place for the British emperor as a relaxing golfing and skiing destination. Gulmarg have the highest golf course in the world at the height of 2650mt . Overnight stay in Srinagar.

Altitude: 1,585 m On foot: Easy walking, 2–3 hrs Night: Hotel, Srinagar Meals: Breakfast, Lunch, Dinner

Day 3

Sightseeing of Mogol gardens

Sightseeing of Mogol gardens. After lunch drive to Sonmarg.

Altitude: 2,740 m On foot: None, 2–3 hr drive Night: Hotel, Sonmarg Meals: Breakfast, Lunch, Dinner

Day 4

Drive to Kargil

Drive to Kargil 2260 mt and it is the second largest town in Ladakh after Leh. This area was suffered from 1999 war between India and Pakistan.

Altitude: 2,680 m On foot: None, 4–5 hr drive Night: Hotel, Kargil Meals: Breakfast, Lunch, Dinner

Day 5

Drive to Alchi from Kargil

After breakfast, Drive Alchi 3200mt from Kargil about 160 Km then again drive to Leh for another 60 km in total drive time 7 hour.

Altitude: 3,500 m On foot: None, 7 hr drive Night: Hotel, Leh Meals: Breakfast

Day 6

Acclimatization trek surrounding Lhe

Acclimatization trek surrounding Lhe and visit monasteries.

Altitude: 3,500 m On foot: Easy walking, 2–3 hrs Night: Hotel, Leh Meals: Breakfast

Day 7

Khardungla motorbike day trip

Today after breakfast we take a bike to highest Motorway pass in the world 5359 mt (60 Km) will take about 2 hour each way. We will share a bike between two. Those who are not able to ride will have an option to go on a car, later back to Hotel.

Altitude: 3,500 m On foot: None, 4 hr round-trip ride Night: Hotel, Leh Meals: Breakfast

Day 8

Drive Leh to Chilling and trek to Skiu

The trail goes through a flat and desolate plain along the river Indus and swings into the mountains along the pretty, willow-lined Zingchan gorge. Overnight Camp

Altitude: 3,400 m On foot: 3–4 hrs Night: Tented camp, Skiu Meals: Breakfast, Lunch, Dinner

Day 9

Trek Skiu to Markha

The trail to Markha is not too strenuous, rising about 300m across 22km, crossing the Markha river a couple of times. Markha is a substantial village, complete with a derelict fort on the hillside and a small village monastery. Overnight Camp

Altitude: 3,800 m On foot: 22 km, 6–7 hrs Night: Tented camp, Markha Meals: Breakfast, Lunch, Dinner

Day 10

Trek Markha to Thachungtse

Kang Yatse (6400m), a magnificent snow-clad mountain commands the views for the next two days. A popular place to spot herds of blue sheep slide up and down the steep cliffs with incredible agility. Overnight Camp

Altitude: 4,100 m On foot: 5–6 hrs Night: Tented camp, Thachungtse Meals: Breakfast, Lunch, Dinner

Day 11

Trek Thachungtse to Nimaling

You pass several mani (stones with prayer inscriptions) walls and suddenly come across a small lake. The view is wonderful from here – both of Kang Yatse, whose bulk gets reflected in the still waters of the lake, and also of the Markha Valley which we are now well above. Overnight Camp.

Altitude: 4,700 m On foot: 3–4 hrs Night: Tented camp, Nimaling Meals: Breakfast, Lunch, Dinner

Day 12

Trek Nimaling to Shang Sumdo over the Kongmaru La

As we climb the last short but steep slope to the top there are good views over the Zaskar range and of the vertical ice walls on the north face of Kang Yatse. The trail eases out to reach the river bed at Shang Sumdo. Overnight Camp

Altitude: 3,700 m On foot: 7–8 hrs Night: Tented camp, Shang Sumdo Meals: Breakfast, Lunch, Dinner

Day 13

Drive Shang Sumdo to Leh

We have reserved two days for the climb which would allow for contingencies due to bad weather. Fluttering with prayer flags the summit rewards with wide open views, the Karakoram Range & Ladakh range on the north, the Zaskar range on the west and a bird's eye view of the Indus valley and the Leh city. Later descend to base camp. Overnight Camp

Altitude: 3,500 m On foot: None, 2 hr drive Night: Hotel, Leh Meals: Breakfast

Day 14

Drive to Pangong

Drive to Pangong 140 km each way takes 5 hour each way. Overnight stay in Pangong in Tent.

Altitude: 4,250 m On foot: None, 5 hr drive Night: Tented camp, Pangong Meals: Breakfast, Dinner

Day 15

Drive back to Leh

Drive back to Leh and overnight in Hotel.

Altitude: 3,500 m On foot: None, 5 hr drive Night: Hotel, Leh Meals: Breakfast

Day 16

Fly to Delhi to connect with onward flight to Heathrow

Fly to Delhi to connect with onward flight to Heathrow

Altitude: 3,500 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- Hotel Heevan Resort/Regal hotel or similar in Srinagar with breakfast, Lunch and Dinner
- Hotel Snowland in Sonmarg with dinner and breakfast and hot lunch
- Kargil, Zojila Residency with dinner and breakfast,
- Khardungla transport in tempo travellers, transport from arrival in Srinagar until -Leh in tempo travelers (mini coaches), transport to and from trek point in tempo travelers,
- Sightseeing in Leh on acclimatization day
- Ponies to carry luggage, full trek services -
- Two people in one Tents, mattress,
- Meals, services of 2 cooks, helpers, Experienced climbing Sherpas to guide climb, -Emergency oxygen cylinder.
- 350 Enfield Per day on hire or a jeep
- Transport costs for Pangong day trip (Innova/ Xylo).
- Environment fee.
- An Inner line permit fee for foreigners, applicable as the district authorities have just announced this.
- Sleeping bag and Down Jackets, Duffle Bag(returnable)

Not included

- Airfares International and Domestic,
- Items of any personal nature such as drinks, tips, etc,
- Extra costs incurred due to roadblocks, landslides,
- Flight cancellations, rescue & evacuation, insurance,
- Personal porter per day: GBP per Porter