



Earthbound Expeditions

Myanmar Tour

10 days, from US\$987 per person

Duration

10 days

Group size

15 People

Country

Myanmar

Experience the charm of Myanmar in ten days visiting amazing places. Spend incredible nine nights and ten days exploring the beauty of Burma today known as Myanmar

Day by day

Day 1

Arrive Yangon – Myanmar

Arrive in Yangon where you will be welcomed by your local tour guide and transferred to your hotel to drop off your luggage. Start exploring Yangon's colonial city style, Mahabandoola Park and Town Hall near Sule Pagoda, dating back over 2,000 years ago. Then visit the Bogyoke Aung San Market (Scott Market) for souvenir shopping (which is closed on Monday) and to Chaukhtutgyi, a huge reclining Buddha image. In the afternoon visit the magnificent Shwedagon Pagoda of Rudyard Kipling fame and one of Myanmar's most sacred places. The massive bell shaped stupa is plated with gold and the tip of the stupa is set with diamonds and rubies, sapphires. After a photo stop at the Karaweik Hall, a hamsa-bird-shaped floating barge on Kandawgyi Lake is waiting for your embark. Over the lake, shadow of the grand Shwedagon Pagoda reflects its majesty in a quite different yet amazing way. We will drive back to hotel with a lovely sunset. Overnight at the Hotel

Altitude: 30 m On foot: Easy walking, 2–3 hrs Night: Hotel, Yangon Meals: None

Day 2

Yangon – Bagan

After early breakfast at the hotel, transfer to airport for your flight to Bagan. Upon your arrival start your Bagan tour with a visit to the vibrant Nyaung Market, unveil the glory of Bagan's history by visits to archeological treasures such as the Shwezigon Pagoda for its impressive bell-shaped stupa, graceful Htilominlo Temple with its delicate plaster carvings and glazed sandstone decorations. Continue to discover the ancient and most treasured handicrafts of lacquering by a demonstration from skilled artisan. Explore the amazing mural paintings under the protection of UNESCO at Myingaba Gu Byaukgyi Temple, and enjoy your soothing sunset at Shwesandaw Pagoda. Overnight in Bagan

Altitude: 50 m On foot: Easy walking, 2–3 hrs Night: Hotel, Bagan Meals: Breakfast

Day 3

Bagan

Breakfast at hotel Proceed to the Nanpaya Temple. The masonry work is outstanding, as well as its interior design. It reflects the strong Brahman influence that affected the Teravadin Mon kings. Also, do take note of the relief of the god Brahma. There are three faces that can be discerned, all of which have the typical facial features of Mon. These are said to be representations of King Manuha. It is sometimes called the Ganesh or Mahapeine Temple, named after the elephant-headed Hindu god whose image once stood at the corners of its five successively diminishing rectangular terrace. In the afternoon, sightseeing start with many of the old murals and friezes can still be discerned, as can several old horoscopes, painted to protect the building from damage. After that proceed to Ananda Temple constructed in 1091, and is considered the masterpiece of Mon architecture. Board a local sunset boat for a slow cruise down in the Irrawaddy River. As you cruise the waters, observe the lifestyle of the fishermen and riverside villagers as well as enjoying the unique perspective of Bagan's temples. Overnight in Bagan

Altitude: 50 m On foot: Easy walking, 3–4 hrs Night: Hotel, Bagan Meals: Breakfast

Day 4

Bagan – Mandalay by flight

Breakfast at hotel Transfer to airport for flight to Mandalay. Mandalay is the last capital of Myanmar Kingdom before the annexation of British in 1885. The period of kingdom was very short, but the named Mandalay becomes well known by “Rudyard Kipling”. The royal palace wall surrounded by the moat is one of the great things to see and it has been re-created after 1945, by 2nd War World. Upon arrival at Mandalay Airport, drive straight to the city for an hour where we can pass through the country side area with different vegetations. First stop at Mahamuni Buddha, it has covered with thick layer of gold leaves and continue to a craftsman’s workshop to see puppet, tapestries and gold leaves making. Then, drive to hotel for check in. After a short break in the afternoon, comprehensive sightseeing in Mandalay includes ShweNanDawKyaung (Golden Palace monastery), a special wooden building built by Royal family and Kuthodaw Pagoda (known as the world’s largest book), the golden stupa surrounded by 729 marble slabs engraved with Buddhist scriptures. Overnight Mandalay

Altitude: 80 m On foot: Easy walking, 2–3 hrs Night: Hotel, Mandalay Meals: Breakfast

Day 5

Mandalay – Ava – Amarapura – Sagaing

Breakfast at hotel and depart for trip to Ava. We’ll drive former capitals of Amarapura, visit Mahagandayon Monastery where more than a thousand monks live and study the Buddha scripture. If time allow, you will have the opportunity to observe the monks having their last meal of the day in total silence. Proceed to Ava, the capital from 14th to 18th centuries and visit by horse and carriage the old wooden Bagaya Monastery and the remains of the Royal Palace and fort, and the MahaAungmyeBonzan and Hthilaing Shin Paya. Back to Mandalay and put a perfect end to today’s trip with a sunset boat excursion around the world’s longest teak bridge at U Bein Bridge. Overnight Mandalay

Altitude: 80 m On foot: Easy walking, 2–3 hrs Night: Hotel, Mandalay Meals: Breakfast

Day 6

Mandalay – Heho – Kalaw by flight & car

After early breakfast, transfer to airport for your flight to Heho on the Shan plateau. Upon arrival, transfer by road to Kalaw (39 km) about an hour drive. Make an excursion to the popular hill station in the British days; Kalaw sits high on the western edge of the Shan Plateau. It is still a peaceful and quiet place with an atmosphere reminiscent of the colonial era. The small population is a mix of Shan, Indian Muslim, Bamar and Nepali. THEIN TAUNG PAYA: temple perched on the hill overlooking the Thazi-Taunggyi Road. AUNG CHANG THA ZED: glittering stupa (Buddhist religious monument) covered in gold-coloured mosaics. NEE PAYA: located west of the town, it features a gold lacquered bamboo Buddha. Overnight at the hotel in Kalaw

Altitude: 1,320 m On foot: Easy walking, 2–3 hrs Night: Hotel, Kalaw Meals: Breakfast

Day 7

Kalaw – Inle Lake by car & boat

After breakfast at hotel, we are transferring by road to Inle Lake. We have a leisurely morning to make our way down into the Inle basin and by “long-tail” boat out across the lake to our Hotel right on the Inle Lake. In the afternoon, we plan to spend the day visiting villages and sampling the spectacular array of traditional handicrafts. You will see the unique method locals use to row their boats, fishermen with their own style of fishing, floating farms and gardens and a handloom weaving cottage with its own showroom. You will visit Phaungdawoo Pagoda which houses the five most revered Buddha Images in the southern Shan State. Overnight at the hotel in Inle Lake

Altitude: 880 m On foot: Easy walking, 1–2 hrs Night: Hotel, Inle Lake Meals: Breakfast

Day 8

Inle Lake – Indein

After breakfast at the hotel, visit to floating market which is a 5day rotation market most fascinating to watch the daily life of the minorities and their activities. Continue our excursion by motorized boat to Indein pagoda complex, in the south-west of the lake. The boat leaves the lake and enters a narrow canal with a beautiful natural environment to continue to a small Pa O tribe village. From the village, follow an old covered path to a 13th century monastery and the very impressive ruins of hundreds of ancient pagodas, some hidden in the vegetation. The main stupa-area on the top of the hill offers breathtaking views over the surrounding mountains and down to the valley and the lake in the far distance. Overnight at the hotel in Inle Lake

Altitude: 880 m On foot: Easy walking, 2–3 hrs Night: Hotel, Inle Lake Meals: Breakfast

Day 9

Inle Lake – Yangon

Breakfast at hotel Transfer to airport for domestic flight to Yangon. Visit Botahtaung Pagoda, located on the bank of the Yangon River, Botahtaung is a typical gilded dome that tapers gradually to the top and is capped by a symbolic fan-shape spire. Unlike many pagodas (known as zedi in Myanmar), Botahtaung is hollow inside allowing visitors to walk through to admire what is considered the highlight of any pilgrimage – a glass case containing a sacred hair relic of the Buddha. Then finish the day with a walk in colorful Chinatown and visit Yangon's oldest Chinese temple: the Kheng Hock Keong. Overnight at the Hotel

Altitude: 30 m On foot: Easy walking, 2–3 hrs Night: Hotel, Yangon Meals: Breakfast

Day 10

Departure Yangon

Breakfast at hotel Then you will be transferred to Yangon International airport for your return international departure flight. *** End of Service ***

Altitude: 30 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- 9 night accommodation on half-twin room basis with daily breakfast
- English speaking station guide. Different guides at each site.
- Porter fees at the airport
- All transfers and excursions with private air-conditioned vehicles with drivers
- Sunset boat in Bagan
- Horse cart in Ava
- Sunset boat at U Bein
- Private motorized boat in Inle Lake excursions
- Entrance fees for the visits mentioned in the program

Not included

- International ticket to/from Yangon
- Domestic flights: Yangon / Bagan / Mandalay / Heho / Yangon
- Meals not mentioned (B = Breakfast, L = Lunch, D = Dinner)
- Visa arrangements for Myanmar
- Visits not mentioned in the program
- Drinks and personal expenses
- Tips and porters at the hotels
- Any other items not mentioned
- International departure Airport Tax Yangon (USD 10/pax at present)