



Earthbound Expeditions

Myanmar Tour, a wonderful adventure

8 days, from US\$787 per person

Duration

8 days

Group size

Unlimited People

Country

Myanmar

Myanmar or Burma Tour for 8 Days

Day by day

Day 1

Arrival Yangon

Arrive in Yangon where you will be welcomed by your local tour guide and transferred to your hotel to drop off your luggage. Start exploring Yangon's colonial city style, Mahabandoola Park and Town Hall near Sule Pagoda, dating back over 2,000 years ago. Then visit the Bogyoke Aung San Market (Scott Market) for souvenir shopping (which is closed on Monday) and to Chaukhtutgyi, a huge reclining Buddha image. In the afternoon visit the magnificent Shwedagon Pagoda of Rudyard Kipling fame and one of Myanmar's most sacred places. The massive bell shaped stupa is plated with gold and the tip of the stupa is set with diamonds and rubies, sapphires. After a photo stop at the Karaweik Hall, a hamsa-bird-shaped floating barge on Kandawgyi Lake is waiting for your embark. Over the lake, shadow of the grand Shwedagon Pagoda reflects its majesty in a quite different yet amazing way. We will drive back to hotel with a lovely sunset. Overnight at the Hotel

Altitude: 30 m On foot: Easy walking, 2–3 hrs Night: Hotel, Yangon Meals: None

Day 2

Yangon – Bagan

After early breakfast at the hotel, transfer to airport for your flight to Bagan. Upon your arrival start your Bagan tour with a visit to the vibrant Nyaung Market, unveil the glory of Bagan's history by visits to archeological treasures such as the Shwezigon Pagoda for its impressive bell-shaped stupa, graceful Htilominlo Temple with its delicate plaster carvings and glazed sandstone decorations. Continue to discover the ancient and most treasured handicrafts of lacquering by a demonstration from skilled artisan. Explore the amazing mural paintings under the protection of UNESCO at MyingabaGuByaukgyi Temple, and enjoy your soothing sunset at Shwesandaw Pagoda. Overnight in Bagan

Altitude: 50 m On foot: Easy walking, 2–3 hrs Night: Hotel, Bagan Meals: Breakfast

Day 3

Bagan

Breakfast at hotel Proceed to the Nanpaya Temple. The masonry work is outstanding, as well as its interior design. It reflects the strong Brahman influence that affected the Teravadin Mon kings. Also, do take note of the relief of the god Brahma. There are three faces that can be discerned, all of which have the typical facial features of Mon. These are said to be representations of King Manuha. It is sometimes called the Ganesh or Mahapeine Temple, named after the elephant-headed Hindu god whose image once stood at the corners of its five successively diminishing rectangular terrace. In the afternoon, sightseeing start with many of the old murals and friezes can still be discerned, as can several old horoscopes, painted to protect the building from damage. After that proceed to Ananda Temple constructed in 1091, and is considered the masterpiece of Mon architecture. Evening board a local sunset boat for a slow cruise down in the Irrawaddy River. As you cruise the waters, observe the lifestyle of the fishermen and riverside villagers as well as enjoying the unique perspective of Bagan's temples. Overnight in Bagan

Altitude: 50 m On foot: Easy walking, 3–4 hrs Night: Hotel, Bagan Meals: Breakfast

Day 4

Bagan – Heho

After early breakfast, transfer to airport for your flight to Heho on the Shan plateau. Upon arrival, we will drive to NyaungShwe, gateway to Inle Lake. Observe the leg-rowing fishermen and see their floating gardens built up from strips of water hyacinth and mud and anchored to the bottom with bamboo poles. Visit NgaHpeChaung Monastery, which houses dozens of Shan Buddha Images. Continue to PhaungDawOo Pagoda, the lake's main sanctuary, which contains five sacred Buddha images covered in gold leaf. Explore the local crafts of Inle Lake with a stop at the cheroot factory, where the typical Burmese cigars are made by hand. We can also visit a local silk weaving 'factory' which sits on stilts on the lake and where they still use old style hand looms. Stay overnight in Inle Lake

Altitude: 880 m On foot: Easy walking, 1–2 hrs Night: Hotel, Inle Lake Meals: Breakfast

Day 5

Inle Lake – Indein

After breakfast at hotel, Inle Lake sightseeing today with a memorable visit to Indein village with its idyllic 17th century pagodas. Indein is one of the small villages of the Inle Lake located on the western bank. The creek is narrow with many twist and turns. Since the both side are paddy fields you can see the farmer ploughing and harrowing by water buffaloes. At many places in the creek the farmers dam up the water by bamboo barriers to irrigate the paddy fields. Indein water is not useful for irrigation also for bathing and washing clothes. It is compulsory to see Novice Monk, buffalo's boys and village girls wash and swim in the creek. Enjoy the sightseeing of Indein. A Buddha image has enshrined at a whitewashed stupa, which is on the summit of a hill. Below the stupa around the hill are clusters of hundreds of ancient stupa most are ruins overgrown with bushes. The pagoda hill is quiet and clam. Return back to the hotel and enjoy the afternoon watch over sunset from the hotel balcony. Stay overnight in Inle Lake

Altitude: 880 m On foot: Easy walking, 2–3 hrs Night: Hotel, Inle Lake Meals: Breakfast

Day 6

Heho – Mandalay by flight

After breakfast at hotel, transfer to Heho airport for flight to Mandalay. When you arrive at Mandalay airport proceed to Mandalay and check in at the hotel. After refreshment, you will take a sightseeing tour of Mandalay which includes Mahanumi, a life like Buddha image. Mandalay is the last capital of Myanmar and that make her to be the best place to see all the traditional arts and crafts. Start visiting gold leaf making work-place and see how the gold leaf is being made by hand in a traditional way. Continue visit the Old Palace grounds; Kuthodaw Pagoda, known as the world's largest book for its 729 marble slabs inscribed with the Buddha's Doctrine; Golden Palace Monastery, noted for its exquisite wood carvings and enjoy the panoramic view of the city from Mandalay Hill. Overnight in Mandalay

Altitude: 80 m On foot: Easy walking, 2–3 hrs Night: Hotel, Mandalay Meals: Breakfast

Day 7

Mandalay – Mingun – Ava – Sagaing – Mandalay

Breakfast at hotel Then cross the mighty Ayeyarwaddy River, visit around Mingun, and home to huge and famous unfinished Pagoda. Also visit the beautiful white Hsinbyume Pagoda. And the largest ringing bell in the world, Mingun Bell. Sail to Ava, the capital from 14th to 18th centuries and travel by horse and carriage through the area stopping to visit the old wooden Bagaya Monastery and the remains of the Royal Palace and Fort. Visit Ava by horse carts. This afternoon, cross a bridge over the Irrawaddy River to Sagaing. Covered with 600 white-painted pagodas and monasteries, Sagaing Hill is widely regarded as the religious center of Myanmar. It is home to 3,000 monks and 100 meditation centers and you will visit pagodas such as Swan Oo Pon Nya Shin, U Min Thone Sae, and Shin Pin Nan Gyaing. We'll drive former capitals of Amarapura, visit Mahagandayon Monastery where more than a thousand monks live and study the Buddha scripture. Also visit to the world's longest teak bridge at U Bein Bridge. Enjoy sunset at U Bein Bridge. Overnight Mandalay.

Altitude: 80 m On foot: Easy walking, 3–4 hrs Night: Hotel, Mandalay Meals: Breakfast

Day 8

Mandalay Departure

After breakfast at hotel, transfer to the airport for international departure flight to Bangkok. On the way visit local craft men's workshops of bronze casting, marble curving and wood curving. *** End of Service ***

Altitude: 80 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- 7 night accommodation on half-twin room basis with daily breakfast
- English speaking station guide. Different guides at each site.
- Porter fees at the airport
- All transfers and excursions with private air-conditioned vehicles with drivers
- Sunset boat in Bagan
- Horse cart in Ava
- Private motorized boat in Inle Lake excursions
- Entrance fees for the visits mentioned in the program

Not included

- International ticket to/from Yangon,
- Domestic flights: Yangon / Bagan / Heho / Mandalay (MENTIONED AS SEPARATE AIRFARE)
- Meals not mentioned (B = Breakfast, L = Lunch, D = Dinner)
- Visa arrangements for Myanmar
- Visits not mentioned in the program
- Drinks and personal expenses
- Tips and porters at the hotels
- Any other items not mentioned
- International departure Airport Tax Yangon (USD 10/pax at present)
- Guide and car service at Yangon International airport on departure day