



Earthbound Expeditions

Myanmar Tour

14 days, from US\$1,387 per person

Duration

14 days

Group size

15 People

Country

Myanmar

14 Days Myanmar – Burma Tour:

Day by day

Day 1

Arrive Yangon

Arrive in Yangon where you will be welcomed by your local tour guide and transferred to your hotel to drop off your luggage. In the afternoon visit the magnificent Shwedagon Pagoda of Rudyard Kipling fame and one of Myanmar's most sacred places. The massive bell shaped stupa is plated with gold and the tip of the stupa is set with diamonds and rubies, sapphires. After a photo stop at the Karaweik Hall, a hamsa-bird-shaped floating barge on Kandawgyi Lake is waiting for your embark. Over the lake, shadow of the grand Shwedagon Pagoda reflects its majesty in a quite different yet amazing way. We will drive back to hotel with a lovely sunset. Overnight at the Hotel

Altitude: 30 m On foot: Easy walking, 1–2 hrs Night: Hotel, Yangon Meals: None

Day 2

Yangon – Bagan by flight

After early breakfast at the hotel, transfer to airport for your flight to Bagan. Upon your arrival start your Bagan tour with a visit to the vibrant Nyaung Market, unveil the glory of Bagan's history by visits to archeological treasures such as the Shwezigon Pagoda for its impressive bell-shaped stupa, Dhaman Yan Gyid and graceful Htilominlo Temple with its delicate plaster carvings and glazed sandstone decorations. Continue to discover the ancient and most treasured handicrafts of lacquering by a demonstration from skilled artisan. Explore the amazing mural paintings under the protection of UNESCO at Myingaba Gu Byaukgyi Temple, and enjoy your soothing sunset at Shwesandaw Pagoda. Overnight at the hotel in Bagan

Altitude: 50 m On foot: Easy walking, 2–3 hrs Night: Hotel, Bagan Meals: Breakfast

Day 3

Bagan

Breakfast at hotel Proceed to the Nanpaya Temple. The masonry work is outstanding, as well as its interior design. It reflects the strong Brahman influence that affected the Theravadin Mon kings. Also, do take note of the relief of the god Brahma. There are three faces that can be discerned, all of which have the typical facial features of Mon. These are said to be representations of King Manuha. It is sometimes called the Ganesh or Mahapein Temple, named after the elephant-headed Hindu god whose image once stood at the corners of its five successively diminishing rectangular terrace. Continue sightseeing with many of the old murals and friezes can still be discerned, as can several old horoscopes, painted to protect the building from damage. After that proceed to Ananda Temple constructed in 1091, and is considered the masterpiece of Mon architecture. Board a local sunset boat for a slow cruise down the Irrawaddy River in the evening. As you cruise the waters, observe the lifestyle of the fishermen and riverside villagers as well as enjoying the unique perspective of Bagan's temples. Overnight at the hotel in Bagan

Altitude: 50 m On foot: Easy walking, 3–4 hrs Night: Hotel, Bagan Meals: Breakfast

Day 4

Bagan – Mandalay by Cruise

5:30am Cast off from Bagan 5:45am Briefing about safety, Dos and Don'ts 6:00am Breakfast 10:30am Demonstration on Longyi and Thanat Kha 12:00pm Lunch 3:00pm Demonstration on Myanmar Salad 5:30pm Arrival to Mandalay Upon arrival to Mandalay, transfer to hotel. Overnight in Mandalay

Altitude: 80 m On foot: None, river cruise day Night: Hotel, Mandalay Meals: Breakfast, Lunch

Day 5

Mandalay

Mandalay is the last capital of Myanmar Kingdom before the annexation of British in 1885. The period of kingdom was very short, but the name Mandalay becomes well known by "Rudyard Kipling". The royal palace wall surrounded by the moat is one of the great things to see and it has been re-created after 1945, by 2nd War World. We'll drive former capitals of Amarapura, visit the world's longest teak bridge at U Bein Bridge. Then visit Mahagandayon Monastery where more than a thousand monks live and study the Buddha scripture. If time allow, you will have the opportunity to observe the monks having their last meal of the day in total silence. Proceed to Ava, the capital from 14th to 18th centuries and visit by horse and carriage the old wooden Bagaya Monastery and the remains of the Royal Palace and fort, and the MahaAungmyeBonzan and Hthlaling Shin Paya. Back to Mandalay and visit Mahamuni Pagoda, one of the country's most revered Buddha images which, over the years, have been covered with gold leaf for hundreds of layers. And then visit to Marble carving workshop and Gold- Leaf beating workshop. Overnight in Mandalay

Altitude: 80 m On foot: Easy walking, 3–4 hrs Night: Hotel, Mandalay Meals: Breakfast

Day 6

Mandalay - Mingum - Mandalay

Breakfast at hotel Then cross the mighty Ayeyarwaddy River, visit around Mingun, and home to huge and famous unfinished Pagoda. Also visit the beautiful white Hsinbyume Pagoda. And the largest ringing bell in the world, Mingun Bell. Back to Mandalay and you will have some time for a rest at hotel and this afternoon, enjoy a commanding overview of the city from the Mandalay Hill. Overnight in Mandalay

Altitude: 80 m On foot: Easy walking, 2–3 hrs Night: Hotel, Mandalay Meals: Breakfast

Day 7

Mandalay - Heho - Inle

After early breakfast, transfer to airport for your flight to Heho on the Shan plateau. Visit NgaHpeChaung Monastery, which houses dozens of Shan Buddha Images. Continue to PhaungDawOo Pagoda, the lake's main sanctuary, which contains five sacred Buddha images covered in gold leaf. Explore the local crafts of Inle Lake with a stop at the cheroot factory, where the typical Burmese cigars are made by hand. We can also visit a local silk weaving 'factory' which sits on stilts on the lake and where they still use old style hand looms. If time permits, there may be time to enjoy a short walk through one of the lakeside villages. Overnight at the hotel in Inle

Altitude: 880 m On foot: Easy walking, 1–2 hrs Night: Hotel, Inle Lake Meals: Breakfast

Day 8

Inle Lake – Indein

After breakfast at hotel, visit NgaHpeChaung Monastery, which houses dozens of Shan Buddha Images. Continue to PhaungDawOo Pagoda, the lake's main sanctuary, which contains five sacred Buddha images covered in gold leaf. Explore the local crafts of Inle Lake with a stop at the cheroot factory, where the typical Burmese cigars are made by hand. We can also visit a local silk weaving 'factory' which sits on stilts on the lake and where they still use old style hand looms. Continue Inle Lake sightseeing today with a memorable visit to Indein village with its idyllic 17th century pagodas. Indein is one of the small villages of the Inle Lake located on the western bank of Inle Lake. A Buddha image has enshrined at a whitewashed stupa, which is on the summit of a hill. Below the stupa around the hill are cluster of hundreds of ancient stupa most are ruins overgrown with bushes. The pagoda hill is quiet and clam. One could feel the pleasant cool breeze with the sweet ring of the bell hanging at the umbrella of the stupa. Mesmerizing view from the pagoda hill releases the fatigue and refreshes everybody who ascends to the peak. This mysterious place is at the end of the marvelous Indein creek, which connected with Inle Lake just after the PhaundDawOo pagoda. The creek is narrow with many twist and turns. Since the both side are paddy fields you can see the farmer ploughing and harrowing by water buffaloes. At many places in the creek the farmers dam up the water by bamboo barriers to irrigate the paddy fields. Indein water is not useful for irrigation also for bathing and washing clothes. It is compulsory to see Novice Monk, buffalo's boys and village girls wash and swim in the creek. Enjoy the sightseeing of Indein. Stay overnight in Inle Lake

Altitude: 880 m On foot: Easy walking, 2–3 hrs Night: Hotel, Inle Lake Meals: Breakfast

Day 9

Inle Lake – Yangon – Golden Rock

Breakfast at hotel Transfer to airport for domestic flight to Yangon. Upon arrival, continue on to Kyauktiyo, also known as the "Golden Rock", a gold-leafed boulder balancing on the edge of a cliff that seems to defy gravity. To get there, you'll get a lift with a private local truck from Kin Pun base camp half-way up the mountain. From there, you'll continue walking up the challenging-yet-rewarding paths to the summit. If the challenge is too much, you can kick back in a sedan chair, carried by a group of four porters. Watch as the golden sun sets overtop of Kyauktiyo – a magical sight. Overnight near Golden Rock

Altitude: 1,100 m On foot: 1–2 hrs Night: Hotel, Golden Rock Meals: Breakfast

Day 10

Golden Rock – Mawlamyine

After breakfast, check out from hotel and come back to Kinpun Base Camp. Then you will proceed to Mawlamyine and it is about 4 hrs. Upon arrival you will transfer to hotel and check in. After that drive to Eindu to visit Saddam Cave, Khayon Cave. Overnight at hotel in Mawlamyine

Altitude: 50 m On foot: None, 4–5 hr drive Night: Hotel, Mawlamyine Meals: Breakfast

Day 11

Mawlamyine – Thanbyuzayat

After breakfast at hotel, you will visit to the local market, Mahamuni Pagoda and SeindonMibayaKyaung. Then drive to Thanbyuzayat, is situated 64 km south of Mawlamyine. There has the western terminus of Burma–Siam Railway, known as "Death Railway". The west of the clock tower, on the south side of the road, laysthe Allied War Cemetery. Then continue to Mudon's hand weaving workshops. After that, come back to Mawlamyine and overnight at hotel in Mawlamyine.

Altitude: 50 m On foot: Easy walking, 2–3 hrs Night: Hotel, Mawlamyine Meals: Breakfast

Day 12

Mawlamyine – Bago – Yangon

After breakfast at hotel, you will come back to Yangon. On the route, a short visit to Bago and Bago sightseings will include Shwetharlyaung Pagoda, the world's most beautiful Reclining Buddha; Shwemawdaw Pagoda, one of the most venerated pagodas in Myanmar; Mahazedi Pagoda, wood curving and cheroot making industry, Kyaikpun Pagoda; four huge Buddha Image sitting back to back and Chinese temple. Also visit to the Allied War Cemetery at Htaukkyant. Overnight at hotel in Yangon.

Altitude: 30 m On foot: None, 7–8 hr drive Night: Hotel, Yangon Meals: Breakfast

Day 13

Yangon

Start exploring Yangon's colonial city style, Mahabandoola Park and Town Hall near Sule Pagoda, dating back over 2,000 years ago. Then visit the Bogyoke Aung San Market (Scott Market) for souvenir shopping (which is closed on Monday) and to Chaukhtatgyi, a huge reclining Buddha image. In the afternoon enjoy by a walk in colorful Indian town and China town. Then final stroll at famous 19 street night markets within China town. Back to hotel and overnight.

Altitude: 30 m On foot: Easy walking, 3–4 hrs Night: Hotel, Yangon Meals: Breakfast

Day 14

Yangon Departure

Breakfast at hotel Transfer to Yangon International Airport to take your departure flight back to ***
End of Service ***

Altitude: 30 m On foot: None, departure day Night: No overnight Meals: Breakfast

What's included

- 13 night accommodation on half-twin room basis with daily breakfast
- English speaking station guide. Different guides at each site.
- Porter fees at the airport
- All transfers and excursions with private air-conditioned vehicles with drivers
- Bagan to Mandalay by Day Cruise
- Horse cart in Ava
- Sunset boat in Bagan
- Private motorized boat in Inle Lake and Mingun
- Entrance fees for the visits mentioned in the program

Not included

- International ticket to/from Yangon
- ALL Domestic flights: Yangon / Bagan, Mandalay / Heho, Heho / Yangon
- Meals not mentioned (B = Breakfast, L = Lunch, D = Dinner)
- Visa arrangements for Myanmar
- Visits not mentioned in the program
- Drinks and personal expenses
- Tips and porters at the hotels
- Any other items not mentioned
- International departure Airport Tax Yangon (USD 10/pax at present)